30 Words to Describe Mood

Use this list to help you identify tones in different types of writing.

Anxious	Calm	Cheerful
Depressing	Eerie	Festive
Foreboding	Frightening	Frustrated
Hopeless	Humorous	Idyllic
Joyful	Light-hearted	Lonely
Melancholic	Ominous	Optimistic
Panicked	Peaceful	Pensive
Pessimistic	Reflective	Restless
Romantic	Sad	Sentimental
Stressed	Tense	Uneasy