

# Discussion Questions for Self-Help Books

## General Questions

- What did you like about this book?
- What didn't you like about this book?
- Was there any one line or passage that stood out to you?
- Does this remind you of any other books you've read?
- How long did it take you to finish this book?
- Have you read other books by this author? How did they compare to this book?
- What feelings or emotions does this book evoke for you?
- What is one question you would like to ask the author?
- How original do you think this book was?
- What do you think the author's purpose was in writing this book?
- Did your opinion of the book change as you read it?
- Who would you recommend this book to?
- Do you have any lingering questions after finishing the book?
- Does this book make you think of any songs? Create a playlist for the book.

## Self-Help Book Discussion Questions

- Do you agree with this author's advice?
- Have you started applying any of the author's tips or advice? What changes have you noticed?
- Are there any passages you marked, or would like to revisit?
- What is the most important piece of advice offered in this book?
- Is there any information you felt was missing that could have been helpful?
- Do you think the author presents evidence and research in an effective way?
- Do you doubt any of the author's claims or advice?
- Do you think there might be any bias in how the information is presented?
- Do you think the author succeeded in what they set out to do with this book?
- Who would you recommend this book to?